

1. 檢查前一晚應有充足的睡眠並有均衡的飲食，不可進食濃味或刺激性食物(如濃茶或烈酒)。
Please have adequate sleep and a balanced diet the night before health screening. Do not consume heavy or irritating (such as strong tea or spirits).
2. 部份檢查前應保持空腹8小時或以上，期間不可進食，只應飲用適量清水(小提示:香口膠，咖啡和茶均不服以服食飲用)。
For some examination, you should keep the fasting for 8 hours or more. Do not consume any food during that period. You should only drink appropriate amount of water (Tips: chewing gum, coffee and tea should not be taken).
3. 女性在月經前三天至完畢後七天內不適宜進行婦檢或小便檢驗。
Female are not suitable for gynecological examinations or urination tests from 3 days before menstruation to 7 days after completion.
4. 檢查當日，請盡量穿著寬鬆休閒服。
Please wear loose and comfortable clothes at the day of health screening.
5. 如檢查前需保持空腹，請停止服用糖尿藥，其他藥物如血壓藥，心臟藥等，則按需要照常服用。
If you need fasting before the test, please stop taking medicine for diabetes. For other drugs such as for hypertension or heart disease etc., Please take as usual.
6. 懷孕或懷疑已受孕之女士，請及早通知本中心之職員，因部份檢驗項目可能不適合，甚至不可進行如子宮抹片等檢查。
For pregnant or suspected pregnant women, please inform our staff as soon as possible as some examination, such as Pap Smear, may not be suitable or able to be performed.

Clearbridge Medical Group是Clearbridge Health Limited的子公司，一家專注於精準醫學的綜合醫療保健集團，提供實驗室測試服務、醫療診所/中心及投資併購不同精準醫療公司提供技術互補與個人化服務。

Clearbridge Medical Group已在現今競爭激烈的亞洲醫療行業中建立了領導地位，目前已在新加坡、馬來西亞、菲律賓、印度尼西亞、印度、香港及中國設立分公司，並計劃進一步擴充在泛亞的業務。集團通過自行設立的或合作的實驗室和創新醫療技術在同業中取得優勢。

Clearbridge Health Limited已於新加坡證券交易所的創業板上市，並繼續提供更有效的方法來檢測癌症、危重疾病以及其他疾病。

Clearbridge Medical Group is a subsidiary of Clearbridge Health Limited, an integrated healthcare group with a focus on the delivery of precision medicine with businesses comprising of laboratory testing services, medical clinics/centres and strategic equity participation in complementary precision medical technology companies with a personal touch.

Clearbridge Medical Group has established its leadership in the competitive healthcare sector and is currently present in Singapore, Malaysia, the Philippines, Indonesia, India, Hong Kong and China, with plans to further expand its presence in Pan Asia. The Group is set apart by its direct access to Clearbridge laboratories and breakthroughs at its medtech innovation suites.

Listed on The Catalist Board of the SGX-ST, Clearbridge Health Limited continues to provide ever more effective ways to detect cancer, critical illness, and other lifestyle diseases sweeping the world today.



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E&OE
June 2018



精選健康Basic Health 檢查計劃Check Packages



Welcome to Use Health Care Vouchers
歡迎使用醫療券



	精選1 Basic I	精選2 Basic II	精選3 Basic III
基本體格檢查 Physical Examination			
詳細病歷資料 Detailed Medical History	✓	✓	✓
由醫生作體格檢查 Physical Examination by Doctor	✓	✓	✓
量度血壓 Blood Pressure	✓	✓	✓
脈搏 Pulse	✓	✓	✓
身高 Body Height	✓	✓	✓
體重 Body Weight	✓	✓	✓
體質指標 Body Mass Index	✓	✓	✓
血液分析 Blood Analysis			
紅血球計數 RBC Count	✓	✓	✓
血色素 Haemoglobin	✓	✓	✓
血小板計數 Platelet Count	✓	✓	✓
紅血球壓積量 PCV/HCT	✓	✓	✓
平均紅細胞體積 MCV	✓	✓	✓
平均紅細胞血紅蛋白量 MCH	✓	✓	✓
平均紅細胞血紅蛋白量濃度 MCHC	✓	✓	✓
白血球計數及分類 WBC Count with Differential	✓	✓	✓
血沉降率 ESR	✓	✓	✓
血型及恆河猴因子 ABO Grouping & Rh(D) Factor			✓
血脂肪 Blood Lipid			
總膽固醇 Total Cholesterol	✓	✓	✓
高密度膽固醇 HDL Cholesterol	✓	✓	✓
低密度膽固醇 LDL Cholesterol	✓	✓	✓
超低密度膽固醇 VLDL Cholesterol	✓	✓	✓
三酸甘油脂 Triglycerides	✓	✓	✓
▲ 靜態心電圖 Resting ECG		✓	✓
▲ 胸部X光 Chest X-Ray		✓	✓
體檢報告 Health Check Report	✓	✓	✓
由醫生解讀報告 Report Consultation by Doctor	✓	✓	✓

	精選1 Basic I	精選2 Basic II	精選3 Basic III
糖尿病 Diabetes 血葡萄糖, 空腹 Glucose, Fasting	✓	✓	✓
痛風症 Gout 尿酸 Uric Acid	✓	✓	✓
尿液常規檢查 Urine Routine Examination	✓	✓	✓
腎功能 Kidney Function 肌酸酐 Creatinine	✓	✓	✓
尿素 Urea		✓	
鈉 Sodium		✓	
鉀 Potassium		✓	
氯化物 Chloride		✓	
二氧化碳 CO ₂		✓	
肝功能 Liver Function 谷丙轉氨酶 SGPT/ALT	✓	✓	✓
谷草轉氨酶 SGOT/AST	✓	✓	✓
丙種谷氨酸轉胺酶 Gamma G.T.	✓	✓	✓
鹼性磷酸酶 Alkaline Phosphatase	✓	✓	✓
總膽紅素 Bilirubin, Direct	✓	✓	✓
球蛋白 Globulin	✓	✓	✓
白蛋白 Albumin	✓	✓	✓
乳酸去氫酶 LDH		✓	
骨骼 Bone 鈣 Calcium		✓	
磷 Phosphorous		✓	
傳染病檢測 Infectious Disease 乙型肝炎表面抗原 HBsAg			✓
乙型肝炎表面抗體 HBsAb			✓
HIV I&II抗體及病毒24抗原 HIV 1&2 Ab / P24 Ag			✓
優惠套餐價 Discounted Package Price	\$1280	\$1580	\$1880

▲ The examination is performed at other diagnostic center by partner of Clearbridge Medical Center. 該項檢查由明確醫療中心之合作夥伴負責，選購者需要到其他的診斷中心接受該項檢查。

附加項目 Optional 康栢苗帶狀疱疹疫苗 Zostavax - Shingles Vaccine	+1200
人類乳頭狀瘤病毒基因測試 HPV DNA Test	+\$800
▲ 盆腔超聲波檢查 Ultrasound Pelvis	+\$1200
▲ 骨質密度測試 DEXA	+\$800
▲ 運動心電圖 Treadmill from ECG	+\$2000
▲ 冠狀動脈造影+鈣化指數 Coronary Angiogram + Calcium Score	+\$5500
▲ 前列腺超聲波檢查 Ultrasound for Prostate(Transrectal)	+\$900
▲ 肝膽系統超聲波 Ultrasound Hepatobiliary System	+\$1050
▲ 乳房超聲波掃描檢查 Ultrasound Breasts	+\$1000
▲ 乳房X光檢查 Mammogram	+\$1400

疫苗注射 Vaccinations

幼兒疫苗 四豆混合疫苗MMRV 肺炎球菌疫苗13	Child Vaccinations MMRV PNEUMOCOCCAL (PREVENAR13)
水痘疫苗 腦膜炎球菌疫苗 MENECTRA NIMENRIX	VARICELLA MENECTRA NIMENRIX
成年人疫苗 肺炎球菌疫苗13	Adult Vaccinations PNEUMOCOCCAL (PREVENAR13)
甲型肝炎疫苗 乙型肝炎疫苗 甲乙型肝炎混和疫苗 四價流感疫苗	HepatitisA HepatitisB TWINRIX(HepA+HepB) Quadrivalent Flu

*備有更多疫苗，詳情請與我們聯絡
For other vaccinations, please contact us for more information